

NEWSLETTER

Available online and Flexi buzzed each week.

Thursday 19 July 2018

KEY REMINDERS

Thank you to the families that are informing the office on the morning your child is absent from school.

Thank you also to the families that have paid the '2018 Parent Payment Essential Items' - bookbags

DATES TO REMEMBER

Children's Book Week 20th to 24th August

Pirate Dress Up day on 23rd August

Father's Day/Special person in our lives breakfast

From 7:30am on 31st August

Swimming program for students in Year Prep to 4

Week beginning 3rd September

Year 5 and 6 Camp

October 31st – 2nd November

Year 3 and 4 Camp

7th – 9th November

Year 2 Sleepover

Friday 12th October

Principal

Alex Artavilla

School Council President

Kylie Barker

School Supervision Times

8.45am - 9.00am

3.15pm - 3.30pm



SUNSHINE
HEIGHTS
PRIMARY SCHOOL



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State School no. 4744

Dear Parents and Carers,

Welcome back for Term 3!

I hope everyone was able to find time to relax over the past two weeks and to enjoy time with the family. Fortunately, we had a couple of nice sunny days over the weekend to prepare for the freezing and windy start to the week!

My holidays, to the disapproval of my wife and daughters, focused around the scheduling of the World Cup. Living in Australia does not make World Cup watching an easy affair, which is why the holidays were perfectly timed so that I could enjoy the games while also being able to rest up during the day (to the disapproval of my wife and daughters) so that I could enjoy the games the following day – to the disapproval of my wife and daughters.

However, there was a stage during the break when I may have pushed things a little too far by trying to fit in replays of games in the afternoon as well as streaming World Cup shows from overseas to try and keep up to date with what was happening in Russia. After my wife and daughters firmly stated that things were getting a little bit ridiculous, I reluctantly centred my World Cup experience around just watching live games.

I also managed to fit in a trip to Cobram to catch up with my parents where I once again managed to eat two months' worth of food in just 4 days. I try to control myself but it just doesn't seem to work. I seriously do. I give myself a 'pep' talk during the three and a half hour drive from the city to the country. I talk to myself about the feeling of being bloated and how it makes it hard to sleep. But it never works! As soon as mum tips the freshly made ravioli into the boiling pot of salted water, I just give up any control. Nothing beats homemade food!

However, to prepare myself for the 4-day feast, I decided to fill in for the Cobram Soccer Clubs reserve team as the game coincided with my visit. Having not played a competitive match for over 14 years, I was a bit nervous about heading out for a 90 minute game. However, the inspiration of the World Cup and the thought of enjoying my mum's food gave me the confidence to pull on the boots one more time. This confidence seemed to have worked as I managed to even score a goal in the first 5 minutes as well as running out the full game! I was super proud of myself...until the next day...well, I should say, until 1 hour after the game. Maybe I was a bit too enthusiastic. Maybe I am just a little bit too old to run around a soccer field the same way I did 14 years ago. Or maybe I overexerted myself celebrating my first goal for many years. Whatever it was, I seriously could not walk for three days. 10 days after the game, my hamstrings are still feeling the effects. Luckily for me the World Cup was on so I had nowhere else to go except for the couch. Big lesson learnt.

Anyway, the many hours of sitting on the couch and resting during the day has meant that I am all sorted and ready for a big 10 weeks!

It is the busiest term for the leadership team and myself as we begin preparations for the 2019 school year. Thank you to the families that have enrolled a child that will be starting Prep next year, and thank you also to families that have informed us that they may be leaving the area in 2019. All this information helps us know our enrolment numbers for the coming year, which gives us a greater idea of our staffing plan.

Works that occurred over the holidays...

As part of our long-term maintenance plan, more sections of the school's windows were repaired and painted. This has been a long-term project where we have focused on different sections of the school each year.

Our maintenance plan also includes replacing the carpet and painting the walls/skirting of two rooms every year. This occurs during the end of year holidays.

Apart from our Grounds Masterplan, in the coming months we will also be replacing and repairing the fencing around the tennis court.

Being a school that was built in the 50s, my goal since taking over as Principal has been to strategically implement a maintenance plan to address a number of areas that were worn and/or neglected. Having the funds to do this work takes time to accumulate, which is why the plan needs to be strategically organised. There is only so much we can do each year. Unforeseen issues such as broken pipes also impact the funds in relation to this.

Reminders about our key events for Term Three...

Footsteps dance program has commenced and will be held every Monday and Tuesday for the whole term.

Book Week 20th to 24th of August. Highlights include visits from authors Alan Brough and Tony Wilson, as well as a Dress Up Day on 23rd of August – Theme: Pirates!

A unit of work that centres around the title 'Design with a need in mind!'. This will include a Future Learners Exhibition on 19th September.

Swimming program will be held in the week beginning 3rd September. Mr Damnic sent notices home this week to families that expressed an interest in participating in the program.

Father's Day breakfast 31st of August 7:30am at the Sunshine Social

True Soul Kitchen Canteen news...

True Soul Kitchen are currently finalising a new menu for Term 3. This menu will be available online via 'Quickcliq' over the weekend. The team at True Soul Kitchen are exploring food options that would:

- Meet healthy eating guidelines
- Appeal to the students
- Be financially viable for families and for their business

I strongly encourage any parents that have questions about the canteen to join the 'Canteen Subcommittee' to learn more about the guidelines, about the legal responsibilities in regards to running a canteen, about the challenges associated with running the canteen and making it a business – to cover expenses etc. To join the subcommittee please contact the office or email the school at:

- sunshine.heights.ps@edumail.vic.gov.au
- Subject heading: Canteen subcommittee

Joining the subcommittee is a great way to better understand the complexities of running a canteen – which is why a number of primary schools our size or smaller no longer have the service. Joining the subcommittee allows you to clarify any questions or wonderings.

Look forward to catching up with everyone some time over the next 10 weeks!

Have a great term,

Alex Artavilla
Principal.

Message from the Sunshine Hospital

*We need your help at Sunshine Hospital
Volunteers required*

Do you have 2 or 3 hours in your day to spare to visit patients within our hospital who would enjoy a chat

We will supply car parking, uniform, training and on site support

*If you are interested, please contact
volunteer@wh.org.au or ph: 83959092*