POLICY/ PROGRAM STATEMENT - SUN-SMART

1. RATIONALE

Over exposure to the sun presents a serious health risk. Students must therefore be educated as to the need for suitable sun protection, and protected from over exposure to the sun whilst at school.

2. BROAD GUIDELINES

- Require children to wear hats which protect the face, neck and ears whenever they are outside during Terms 1 & 4 (eg. recess, lunch, sport, carnivals, excursions and activities).
- Encourage children to use available areas of shade for outdoor play activities
- To educate students as to suitable sunsmart protection strategies.
- To encourage children and teachers to protect themselves from the harmful effects of the sun.

3. IMPLEMENTATION

- “No Hat – No Play” during Terms 1 & 4
- This policy is to be read as part of our Student Dress Code.
- Children will be required to wear Anti-Cancer Council approved legionnaires or bucket style hats during terms 1 and 4 whenever they are outside.
- Staff will act as role models by also wearing broad brimmed hats when outside.
- Children without hats will be restricted to play in a designated shaded area.
- Children will be actively encouraged to wear a broad-spectrum water resistant sunscreen (SPF30+).
- Whenever possible, outside activities on hot days should be scheduled before 11:00 am.
- The school council will attempt to provide adequate shade structures for students as additional protection; particularly over high density play areas such as sand pits and play equipment.
- The Uniform Shop will ensure that school uniform hats are available for purchase
- The school newsletter and school assemblies will be used to highlight and reinforce the Sunsmart policy.
- Sunsmart activities and sun protection will form part of the Health and Physical Education curriculum at all year levels.

4. RESOURCES

- Legionnaires and Bucket style hats available in the uniform store

5. EVALUATION

The policy will be reviewed as part of the school’s four–year review cycle

Reviewed in 2010 - TO BE REVIEWED 2014