SUNSHINE HEIGHTS PRIMARY SCHOOL CANTEEN MENU FOR 2014

GREEN – EVERYDAY FOODS ORANGE – SELECT CAREFULLY FOODS (H) – HALAL FOOD (V) – VEGETARIAN FOOD

EXTRAS

- LUNCH BAGS $0.10
- TOASTED $0.30
- ROLLS $0.70
- TOMATO SAUCE $0.30
- SOY SAUCE $0.30

ORANGE – SELECT CAREFULLY FOODS

- WATER 600ML $1.80
- SPORTSWATER FOCUS 350ML $2.30
- NIPPY MILK-CHOCOLATE $2.20
- NIPPY MILK STRAWBERRY $2.20
- NIPPY MILK HONEYCOMB $2.20

GREEN – EVERYDAY FOODS

- APPLE AND BLACKCURRENT $1.90
- ORANGE $1.90
- APPLE $1.90
- WATER 600ML $1.80
- SPORTSWATER FOCUS 350ML $2.30

HALAL FOOD

- NIPPY MILK-CHOCOLATE $2.20
- NIPPY MILK STRAWBERRY $2.20
- NIPPY MILK HONEYCOMB $2.20

VEGETARIAN FOOD

- HAM AND PINEAPPLE PIZZA $3.70
- MARGHERITA PIZZA (V) $3.70
- FOUR N TWENTY TRAVELLERS PIE $3.70
- FOUR N TWENTY PASTIE $3.70
- FOUR N TWENTY SAUSAGE ROLL $3.20
- SKINLESS HOTDOG PLAIN $2.90
- SKINLESS HOTDOG WITH CHEESE $3.10
- FRIED RICE (V) $3.70
- LASAGNA $3.70
- SPAGHETTI $3.70
- MACARONI CHEESE (V) $3.70

EXTRAS

- EXTRA FILLINGS $0.50 EACH

- HAM $2.40
- SALAD (V) $3.70
- VEGEMITE $2.00
- STRAWBERRY JAM $2.00
- CHEESE $2.20

SANDWICH WHITE OR WHOLEMEAL BREAD

- TOMATO, LETTUCE, CARROT
- CUCUMBER, CHEESE
- ALL SALADS $1.90
- MAYONNAISE $0.30

HOTFOOD

- STEAMED DIM SIMS $1.00
- FRIED RICE (V) $3.70
- LASAGNA $3.70
- SPAGHETTI $3.70
- HAM AND PINEAPPLE PIZZA $3.70
- MARGHERITA PIZZA (V) $3.70
- FOUR N TWENTY TRAVELLERS PIE $3.70
- FOUR N TWENTY PASTIE $3.70
- FOUR N TWENTY SAUSAGE ROLL $3.20
- SKINLESS HOTDOG PLAIN $2.90
- SKINLESS HOTDOG WITH CHEESE $3.10
- CHICKEN NUGGETS (H) (3 FOR) $2.70
- MAMME NOODLE CUP BEEF $2.30
- MAMME NOODLE CUP CHICKEN $2.30
- PARTY PIES $1.20
- CHICKEN STRIP LETTUCE& MAYO (H) $5.50
- PASTIZZI RICOTTA/PEAS (EACH ) $1.20
- FISH FINGERS (3 FOR) $2.70

SNACKS

- CARROTS $0.60
- POPCORN VARIETIES $1.50
- JELLY STICKS $0.30
- GO COOKIES $1.10
- VEGIE CRACKERS/GLUTEN FREE $1.30
- RED ROCK DELI – HONEY SOY $1.60
- SALT & VINEGAR DELITES $1.30
- RICE STICKS $1.30
- JJ VARIETIES $1.50
- NOODLE SNACK VARIETIES $1.30
- GINGERBREAD PEOPLE $1.70

JUICES

- APPLE AND BLACKCURRENT $1.90
- ORANGE $1.90
- APPLE $1.90
- WATER 600ML $1.80
- SPORTSWATER FOCUS 350ML $2.30
- NIPPY MILK-CHOCOLATE $2.20
- NIPPY MILK STRAWBERRY $2.20
- NIPPY MILK HONEYCOMB $2.20

FROZEN SNACKS

- JUICE CUPS-APPLE/ORANGE $1.40
- ZINGS $0.90
- PADDLE POPS VAR $1.70
- CHOCOLATE
- RAINBOW
- BANANA
- PADDLE POP ICY TWIST $1.40
- CALIPPO VAR
- RASPBERRY PINE $1.40
- LEMON $1.40

A NOTE TO PARENTS

* In addition a limited selection of food may vary daily, for over the counter purchase at both lunchtime and recess.

* A sticker will be placed on the child’s lunch order to collect their frozen snacks from the canteen to avoid spillages within the class rooms.

* Please Note that butter will be upon request ONLY.

* Emergency lunch orders must be paid by the following day.

*ALL LUNCH ORDERS TO BE PLACED IN PAPER BAGS WITH NO STAPLES OR STICKY TAPE PLEASE.

ALL PRICES ARE GST INCLUSIVE